

LIVING THE FIVE – Week 2

# GROWING PEOPLE CHANGE



## Opening Illustrations:

The Grumpy Cat

Meet Gabby Williams –  
*a girl with a body that doesn't grow with her*

While this is a rare *physical* condition—  
This is a common *spiritual* condition!

Key Issue → Lack of \_\_\_\_\_ growth

## Disciples of Jesus Christ are called to GROW!

Hebrews 5:12 – You are like babies who drink only milk and cannot eat solid food.

Matthew 7:16-17 – By their fruit you will recognize them.



Galatians 5:22-23 - But the fruit of the Spirit is love, joy, peace, patience, kindness, goodness, faithfulness, gentleness and self-control.

Philippians 3:10-14 – I want to know Christ and the power of his resurrection...  
I press on—I have not yet achieved it—I press on to achieve the heavenly prize.

How we respond to **TOUGH TIMES**  
has a lot to do with how we **GROW** in our faith.

# GROWING PEOPLE CHANGE!

## Six Activities that Help Us GROW

1. Read your \_\_\_\_\_ daily

Your word is a lamp to my feet and a light for my path. *Psalm 119:105*  
App → YouVersion [www.bible.com/app](http://www.bible.com/app)

2. Attend church \_\_\_\_\_

*Let us not give up meeting together*, as some are in the *habit* of doing,  
but let us encourage one another-- and all the more as you see the Day approaching.  
*Hebrews 10:25*

3. \_\_\_\_\_ genuinely

Therefore *confess* your sins to each other and pray for each other so that you may be *healed*.  
*James 5:16*

4. \_\_\_\_\_ whole heartedly

No one can *serve two masters*. Either he will hate the one and love the other, or he will be devoted to the one and despise the other. You cannot serve *both God and Money*.  
*Matthew 6:24*

5. \_\_\_\_\_ others faithfully

I pray that you may be *active* in *sharing your faith*...  
*Philemon 1:6*

6. \_\_\_\_\_ enthusiastically

Each one should use *whatever gift* he has received to *serve others*,  
faithfully administrating God's grace in its various forms.  
*Philemon 1:6*

Jesus said, "Remain in me, and I will remain in you. No branch can bear fruit by itself; it must remain in the vine. Neither can you bear fruit unless you remain in me." **John 15:4**



How is God calling you to **GROW** this week?