

The Lord's Prayer

Daily Bread

Confirmation - Lesson B6

Name: _____

Date: _____

Memory Verse of the Week:

*"Therefore, do not _____ about tomorrow, for tomorrow will worry about itself. Each day has enough trouble of its own." **Matthew 6:34***

"Give us today our daily bread"

- **Exodus 16** - God provides manna (daily bread) to the Israelites
 - Daily bread includes everything that has to do with the support and the needs of the _____.
 - God had to teach His people that He is _____.
- **Deuteronomy 8:1-4** - We are praying for _____ things to be provided
 - **Matthew 6:16** - God calls His followers to physically _____ to focus on Him

Praying for daily bread also includes our _____ towards God

- We are called to have a _____ attitude towards God
 - **Psalms 100:4** - *'Give thanks to Him and bless His Name!'*
- We are called to _____ God for all the ways He has provided already
 - **Deuteronomy 8:10-14** - Praise the Lord---don't forget!!
 - **Exodus 16:32** - Saved a jar of manna in the ark of the covenant
- We are called to be _____ on God for everything - **Matthew 6:25-27**
- We are called to live with _____ hearts that fuel our perspectives
 - **Philippians 4:10-13** - _____ to being content!

Just as we need physical bread to support our bodies, we also need _____ "bread" for our soul

- **Deuteronomy 8:3/Matthew 4:4** - *'Man does not live on bread alone but on every _____ that comes from the mouth of the Lord.'*
- **John 6:35** - *Jesus said, "I am the bread of _____. He who comes to me will never go hungry, and he who believes in me will never be thirsty."*

Main Point: _____ is asking, trusting, and depending on God for all our physical needs and living with an attitude of thanksgiving, dependence, and contentment.

Reflection Time- *Use this space to silently reflect on these questions:*

1) Draw a picture of how you interpret, "*Give us this day, our daily bread.*"

2) Honestly, what are 3 things you worry about?

3) Why do we worry and what does it say about how we see God?

4) In what ways has American culture affected you in a negative way? How can you combat this?

5) Look at the 4 attitudes God wants us to adopt---Thankful, remembering, dependent, and content---which of is the hardest for you? How could you change that attitude?

Family Time

Lord's Prayer- Daily Bread Confirmation- Lesson B6

Family Time is meant to be an opportunity to get the family talking about spiritual things. Multiple studies show that parents and grandparents are the #1 faith role models in a child's life. We know life is busy, but we want to give you opportunities to grow together. The best time to do it is together in the car, while eating a meal together, or simply anytime you can spend some time together.

1) Think back to your day yesterday and write down everything that you ate (the rest of the family can do this too but only the Confirmand needs to write theirs down):

Breakfast: _____

Lunch: _____

Dinner: _____

Snacks/Other: _____

2) Once your list is complete pick out which thing was your favorite food to eat and circle it. What does it take to produce this food? Trace back the preparing of the food all the way back to God's gifts of creation (basic plants and animals) You can either list the process here or draw a diagram of it:

Weekly Memory Verse:

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worry about
tomorrow, for
tomorrow will worry
about itself. Each day
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its own."
Matthew 6:34*

3) How does the complex process of making food help you to understand the line from the Lord's Prayer of "Give us today our daily bread"? Do you take food/clothing/shelter for granted?

4) Look up and write down the definition of content

5) Have each person share how they struggle with contentment

Mom/Dad _____

Confirmand _____

Sibling/Other _____

6) Read together with your family Psalm 100---This was written as a song or poem of thanksgiving. Write down 3 things from this Psalm that apply to Daily Bread.

7) Look up and read out loud these five Bible Verses: **Prov. 30:8-9, Matt. 6:34, John 6:12, 1 Tim. 6:8, and 1 Peter 5:7.** Out of these 5 verses, have each person pick which verse means the most to them that relates to Daily Bread. Also, include a brief explanation of why they chose this verse!

Mom/Dad _____

Confirmand _____

Sibling/Other _____

Your Name: _____

Parent Signature: _____

(Write legibly!!)