

# Lesson C5 - The Sacrament of the Altar

## 1. What is the Sacrament of the Altar?

It is the true body and blood of our Lord Jesus Christ under the bread and wine, instituted by Christ himself for us Christians to eat and drink.

## 2. Where is this written?

The Holy Evangelists Matthew, Mark, Luke and St. Paul write: Our Lord Jesus Christ, on the night when He was betrayed, took bread, and when He had given thanks, he broke it and gave it to the disciples and said: "Take, eat; this is My body, which is given for you. This do in remembrance of Me." In the same way also He took the cup after supper, and when He had given thanks, He gave it to them, saying, "Drink of it, all of you; this cup is the new testament in My blood, which is shed for you for the forgiveness of sins. This do, as often as you drink it, in remembrance of Me."

## 3. On the night He was betrayed...

Read Exodus 12:1-14

- In these verses what animal's blood was used to free the Israelites? \_\_\_\_\_
- Look at verse 5 in what way was Jesus like the Passover lambs? \_\_\_\_\_
- What were the Israelites freed of in the Passover? \_\_\_\_\_
- What are we freed of in the Lord's Supper? \_\_\_\_\_

## 4. From the following verses, find some other names for the Sacrament of the Altar? I Cor. 11:20; I Cor. 10:21; I Cor. 10:16 "Participation" = "Communion"; Matt. 26:26

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## 5. Who instituted the Sacrament of the Altar? (I Cor. 11:23-24) \_\_\_\_\_

## 6. What does Christ give us in this sacrament? See Matthew 26:26,28

He gives us His \_\_\_\_\_ and \_\_\_\_\_ for the \_\_\_\_\_ of \_\_\_\_\_.

## 7. How do we know that the bread and wine do not just represent the body and blood?

a. *I Cor. 11:25 "This cup is the new covenant [will or testament] in My blood.*

Note—A "will" is an official statement of who shall inherit the possessions of someone after he/she dies.

c. Can an ordinary person's will be changed after he/she has died? \_\_\_\_\_

d. **The words of the Lord's Supper are Jesus' will.**

Can they be changed? \_\_\_\_\_

How is His will changed when others change the words from "this is my body and blood" to "this represents my body and blood?" \_\_\_\_\_

## e. The bread and wine are in communion with the body & blood of Christ.

*I Cor. 10:16—The cup of blessing which we bless, is it not the communion of the blood of Christ? The bread which we break, is it not the communion of the body of Christ?*

Webster's Dictionary defines the prefix "co" as "together with" or "in common". What four elements come together in the Lord's Supper?

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**c. Those who misuse the Sacrament sin not against bread and wine but against Christ's body and blood.**

*I Cor. 11:27,29—Whoever eats the bread or drinks the cup of the Lord in an unworthy manner will be guilty of sinning against the body and blood of the Lord....For anyone who eats and drinks without recognizing the body and blood of the Lord eats and drinks judgment on himself.*

If someone misuses the Lord's Supper why does this passage say he "eats and drinks judgment on himself"? What is he sinning against?

**8. Do Christ's body and blood in the Sacrament replace the bread and wine, so that the bread and wine are no longer present? See I Corinthians 10:16 & I Cor. 11:26**

**9. How are the bread and wine in the Sacrament the body and blood of Christ?**

a. Read I Cor. 11-23-24.

b. According to this passage we believe Christ's body and blood are present **In**, **With**, and **Under** the consecrated (blessed) bread and wine. How is this so? Because we say so or because

Jesus said so? \_\_\_\_\_

**12. Do all communicants receive the body and blood in the Sacrament, whether or not they believe?**

a. Read *I Cor. 11:27*. According to this verse what do people who eat His Body and drink His Blood in an unworthy manner receive? \_\_\_\_\_

b. Read Matthew 26:28. According to this what do people who eat and drink in a worthy manner receive in the Lord's Supper? \_\_\_\_\_

c. Jesus gives his body and blood in, with, and under the bread and wine to everyone who comes to the Lord's Supper. Some receive judgment; others receive forgiveness.

**13. Are the body and blood of Christ in the Sacrament sacrificed again to God for the sins of the living and the dead? \_\_\_\_\_ (See *I Cor. 5:7, Hebrews 10:14*)**

**14. Read I Cor. 11:26. How long is the Christian Church to celebrate the Lord's Supper?**

**15 Why are we to receive the Sacrament often?**

a. In I Cor. 11:24 Jesus says "This do in remembrance of Me." How often should we remember what Christ has done for each and every one of us? \_\_\_\_\_

b. In Matthew 26:28 Jesus says "Given and shed for you for the forgiveness of sins." How often do you need to receive God's forgiveness? \_\_\_\_\_